



AGAPE TABLE

**Nourishing
Community**

www.agapetable.ca



**Please support Agape Table
during this Holiday Season**

Donate online at www.agapetable.ca or use the form inside this newsletter. **Thank you!**

Message from the Executive Director



*Jim Steep
Executive Director*

With the Holiday Season approaching, I am reflecting upon the miracle that is Agape Table. For this miracle to happen daily, there needs to be staff dedicated to executing our mission to enhance the lives of those in need by welcoming everyone to our table, without judgment or bias. Add to this, a base of big-hearted volunteers who are spreaders of the “unconditional love” that is Agape. The final piece of the puzzle is you, citizens with a social conscience who are donors to our cause, and without whom there would be no Agape Table.

I would invite you to come down to visit, enjoy a tour and see the magic happen. 2023 promises to

be a very exciting year at Agape Table! As a loyal supporter of our mission, we will keep you informed as we press on to reaching our goal of “A New Home For Agape Table”.

From our Guests, Staff, Volunteers and Board of Directors at Agape Table, we wish you a joyous and peaceful Holiday Season.

Thank you again. Together we will continue to nourish our community in 2023.

Sincerely,

Jim Steep

Executive Director Agape Table

Pam Simmons

This Holiday Season, as I gather with friends and family to celebrate and share food and the joys of the season, I think of others who cannot experience this happiness because they are hungry. Hunger does not take a holiday!

I imagine not being able to feed myself and my family; how it would feel not knowing when or where our next meal is coming from. Increasingly, more people of all ages and walks of life are in that situation. They are young people, seniors, the homeless, newcomers to Winnipeg, students, families and others.

Agape Table's guests know they can rely on the organization for nutritious, filling food to ease their anxiety over food insecurity. They also know they will be greeted by compassionate, non-judgmental volunteers and staff.

"I believe it is a testament to the caring work of Agape Table when many of our guests decide to give back by volunteering. Their respectful treatment at our Table can be a turning point in their life. They gain confidence working alongside 150 other weekly volunteers; enriching both their lives and the lives of others" says Jim Steep, Executive Director.

This Holiday Season, please show you care with a gift from your heart. Your donation to Agape Table will help those who struggle with hunger and food insecurity.

Here's how you can help:

www.agapetable.ca/donate

Mail a cheque payable to
Agape Table Inc.
PO Box 26111, Wpg, MB R3G 3R3

Please find us on the CanadaHelps giving site: Agape Table

Or fill out the coupon in this newsletter.

Thank you for your continued support of Agape Table.

Sincerely,

Pam Simmons

Agape Table Fan



Here at Agape Table, volunteering is what keeps our community spirit alive. This Holiday Season, many corporate, community and individual volunteers have answered the call to bring the spirit of community to each of our guests.

Group and individual volunteer opportunities for December 2022 are nearly full. With the new year approaching, we will need more volunteers than ever. Your coworkers, relatives, friends, and teammates are all encouraged to visit us.

In 2023 by coming out to volunteer, you can truly make a difference in our guests' lives by helping Agape Table feed the marginalized community of Winnipeg.

Aaron Scarff

Volunteer Coordinator



Message from the Board of Directors



One thing we can count on, Christmas comes every year! As Board Chair for the last 3 years, I want to wish all of you a Merry Christmas

and Happy Holidays. This time of year brings many gifts: fellowship, generosity and love. The Board of Directors is so thankful to all of the wonderful people who make Agape Table happen. Our Executive Director Jim Steep works tirelessly every day to support staff and make sure everyone who needs it, gets a meal.

Our staff are truly amazing going above and beyond to help guests with whatever they need and keep the place running smoothly, from soup making at 6am to answering calls, serving guests and clean up. We can't say enough about our volunteers whose labour and heart make it possible to feed from 500 to 700 people per day. Amazing! Thank you, thank you, thank you!

Cathe Umlah

Board Chair



Board of Directors

Cathe Umlah
Chair

Guy Chartier
Vice Chair

Kelly Hudson
Treasurer

Courtney Weinstein
Secretary

Jessica Court
Andrew Feeney
Jennifer Frain
Simon Garfinkle
Cassandra Montanino
David Patton
Emily Sanders
Jason Stevens
Members at Large

Agape Team

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Ashley Evans
Ashley@agapetable.ca

Al Rogowski

John Thompson

**Reg. Charitable
Number**

10668 7833 RR0001



URGENT NEEDS

Winter wear

- coats
- toques
- mitts



Message from the General Manager



Hi my name is Taome and I'm here to tell you about Agape Table.

Since my brother Atley was in grade 4, Mr. Young's class at Linwood School started a club called Linwood Leaders. That was 4 years ago, now I am in the Linwood Leaders program. We challenge the

school to collect hygiene items for Agape Table and their guests during the Christmas season.

Agape Table is one of 14 food centers in Winnipeg, and it has been around for 42 years.

They help feed the people in need every weekday from 7am till 11am Monday to Friday and hand out bagged lunches which have a sandwich, cup of soup, pastry, piece of fruit, some vegetables and a drink.

I know all this because my dad works there. In the last 7 years Agape Table has seen an increase

of guests going from 66,000 in 2015 to over 125,000 in 2021. This year Agape Table will serve well over 130,000 guests.

On average Agape Table hands out over 500 bagged lunches a day with the record being 768 bags in 1 day.

Agape Table is 100% donor funded. That means they get all their money and supplies from the generous people and companies that live in and around Winnipeg. Agape Table can do a lot for their guests because of groups like ours that help them out. How can you or your company help Agape Table this holiday season?

Thank you for supporting the guests that my dad helps, by giving food, time, or a monetary donation. All of us can make a difference in someone else's life.

Happy Holidays

From the Fenwick Family



Your generosity changes lives!

Please donate to Agape Table



First name _____ Last name _____

Address _____

City _____ Province _____ Postal Code _____

Phone _____ Email _____

Here is my gift of: \$500 \$100 \$50 \$25 Other _____

If you would like to become a **Monthly Donor** please call **204-783-6369**

I prefer Visa Master Card # _____ Expiry date _____

Visit www.agapetable.ca or send in this form with your cheque or credit card information

Mailing Address: PO Box 26111, Winnipeg, MB R3G 3R3 **Physical Address:** 364 Furby Street
Phone: 204-783-6369 **Email:** treasurer@agapetable.ca