



**Nourishing
Community**
www.agapetable.ca



**Please support Agape Table
during this Easter Season**

**Donate online at www.agapetable.ca or use the
form inside this newsletter. Thank you!**

Message from the Executive Director



Jim Steep
Executive Director

April has arrived and spring is in the air! We're all looking forward to being back outside in the sunshine and warmth. No one more than our guests, some of whom have been outside in the cold for the last 6 months.

Agape Table is bursting at the seams at our current facility as the demand for services has increased by 40-50%. It is becoming increasingly difficult to offer food, clothing, hygiene products and services to our guests in the manner they deserve.

In 2022, we served 134,000 breakfasts in addition to thousands of food hampers as well as clothing and hygiene products. None of this amazing work would be possible without you, our loyal donors, who have continued to support our mission of "enhancing the lives of

those in need by welcoming everyone to our table, without judgement or bias, offering food, fellowship and support".

I would also like to acknowledge our dedicated staff and volunteers without whom there would be no Agape Table. Over the past 3 years, they have met the challenge of increased demands on all that Agape Table has to offer, and have been there every day with smiles on their faces and unconditional love for our guests in their hearts. If you haven't been to Agape Table, I invite you to drop by one morning and see the magic happen.

In closing I'd like to thank all of you, our treasured donors, for believing in what we do and our vision for the future of Agape Table.

Sincerely,

Jim Steep

Executive Director

Volunteer Spotlight

Donna, Office Volunteer

Donna came to Agape Table in 2016 after retiring from a lengthy career in a management position. Donna wanted to fill her extra time with something meaningful and we're so glad she came to volunteer at Agape Table.

For several months, Donna served hot breakfasts to our guests and thoroughly enjoyed the experience and the one-on-ones with guests, volunteers, and staff. Donna is most known for being Agape Table's Low-Cost Grocery Coordinator. Three afternoons a week, she offered essential healthy grocery items at our cost to guests and families from the area.

For the past 5 years, Donna has been a valuable member of our bookkeeping team, assisting with many office tasks and providing us with laughs and humorous stories.

Thank you, Donna, for all that you do for Agape Table!

Agape Table expresses heartfelt gratitude to each volunteer who generously gives their time to help our community. YOUR support has made a tremendous impact on the lives of many in need. Volunteer opportunities build a strong and healthy relationship with one another and with the community.

As we approach the Easter season, we still have opportunities available for your family, friends and work groups to come and volunteer. Agape Table greatly appreciates your continued support and participation all year, which reflects a sense of humanity in our community. Together, we can make a difference and spread kindness and love to those who need it most.



AGAPE TABLE

SAVE THE DATE

August 17, 2023

**Agape Table's
5th Annual
Golf Tournament**

Register at [Agapegolf.ca](https://www.agapegolf.ca)



We look forward to having you join us at Agape Table. Come see the difference YOU can make by helping serve our community.

To volunteer at Agape Table, make donations, or to see how you can get involved, please visit our website at <https://www.agapetable.ca/>

Have a happy Easter.

Aaron Scarff

Volunteer Coordinator



Message from the Board of Directors



The Board of Directors for Agape Table wishes each of you a Happy Easter, full of love, family and friends and good

food. We are pleased to offer our guests an Easter meal, thanks to the generous donations from people like you, as well as many organizations and community members.

Agape Table is in a period of growth. We continue to rely on donations to ensure that everyone who comes to our doors in the morning, gets fed. Since the numbers of people who need the support from Agape continues

to grow, so does our need for donations. Thank you to each and everyone of you for all that you do to support Agape.

There have been some changes in the Board of Directors recently and we are now recruiting for new Board Members. In particular, we are looking for people who have skills in fundraising, communication, and marketing and human resources. We are also interested in improving the diversity of our board; if you are interested in being part of this dynamic board, please email catheumlah@shaw.ca.

Cathe Umlah

Board Chair

Board of Directors

Cathe Umlah
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Courtney Weinstein
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Jessica Court
Andrew Feeney
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Al Rogowski

John Thompson

Darren Wasylko

**Reg. Charitable
Number**

10668 7833 RR0001

**If you are a couple, a group of friends, work group or a team,
We can always use your help!**



Message from the General Manager



Did you know that April is Stress Awareness Month?

What do you get stressed about? Many Winnipeggers' have to stress about where their next meal comes from, and how they will provide for their family

We see the stress on our guests faces everyday BUT because of YOU our amazing donors, we have been able to keep up with the increase in our numbers.

On March 18, 2023 it was our 3 year anniversary since we had to alter the way we provide nourishment and comfort to our guests. Our numbers have increased substantially every year, from 85000 meals in 2019 (pre covid) to 109000 in 2020. In 2021 our numbers increased to 126000 and in 2022

we served a staggering 134000 meals to those in need.

The demographic of our guests has changed, we are not serving just the marginalized community of Winnipeg anymore. We are seeing newcomers, new immigrants, people that have been displaced from their home communities because of floods or fires, AND we are seeing the working poor come to our door looking for a hand up to help make ends meet.

This Easter please help us relieve some of the stress that our guests deal with daily, with a donation of food, your time or a monetary donation.

**From our staff and guests
Happy Easter**

Dave Fenwick

**Your generosity
changes lives!**

Please donate
to Agape Table



First name _____ Last name _____

Address _____

City _____ Province _____ Postal Code _____

Phone _____ Email _____

Here is my gift of: \$500 \$100 \$50 \$25 Other _____

If you would like to become a **Monthly Donor** please call **204-783-6369**

I prefer Visa Master Card # _____ Expiry date _____

Visit www.agapetable.ca or send in this form with your cheque or credit card information

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