



**Nourishing
Community**
www.agapetable.ca

**Please support Agape Table
during this Holiday Season**



Donate online at www.agapetable.ca or use the form inside this newsletter. **Thank you!**

Message from the Executive Director



Jim Steep
Executive Director

As we near the Holiday Season and the end of another busy year, I count my blessings that I found Agape Table 6 years ago as a volunteer on the Board of Directors. It has been a very personally rewarding experience that changed my life and opened my eyes to the issues our guests encounter daily.

Each day I marvel at the miracle that is Agape Table, from the dedication of our staff and volunteers, to the uplifting atmosphere that can only be possible when there is a consistent feeling of “Agape” – unconditional love.

I would invite you, our donors, to come down and visit, enjoy a tour and see the magic happen. As a valued supporter of our mission, please know you are truly making a difference to those that need a helping hand; your impact is felt daily.

From our guests, staff, volunteers and Board of Directors at Agape Table, we wish you a joyous and peaceful Holiday Season. Thank you again, together we will continue to nourish our community in 2022.

Sincerely,

Jim Steep

Executive Director Agape Table

Agape Table would like to congratulate The Winnipeg Foundation on completing their 100 year anniversary. Thank you for all you do for Agape Table and all the other Not for Profit Agencies in Manitoba. Keep up the great work!

U of M Nursing Students Volunteer



It is 7:45 am on a Monday, descending downstairs, you hear the radio playing a random tune from way before your time, and with that, the sound of knives on chopping boards, paper bags being opened, crates being stacked up and brought upstairs. As you enter the double doors from the narrow hallway, someone says, "Good morning!" You stop, look around, and take it all in, because where else would you rather be at 7:45 in the morning but at Agape, with the warmest people.

This has been our experience at Agape Table every Monday and Tuesday morning since the start of our final clinical rotation. As a

group, we wanted to help out at Agape as much as possible during our time, and so, we participated in a couple of projects. First, we decided to run a Donation Drive to increase the number of turkeys that were used at the Thanksgiving meal for our guests.

Next, we decided to run a Winter Donation Drive for the community. We have emphasized the need for winter items such as: socks, gloves, toques, and winter jackets based on the demands that we heard from countless guests during the breakfast program. Our target population is the Agape community itself; guests from different walks of life, mainly low income, homeless, and individuals living in poverty. We believe that our project has been successful; we collected 30 garbage bags full of winter gear and a full bag of assorted hygiene products. Our project gained a lot of exposure through outlets including: CHVN Radio, CTV News, Facebook, Instagram, Email lists, and collaborating with Sisler High School's Hope for the Homeless Program.

To the incredible staff and volunteers that we have met during our stay, thank you so much! We truly had a rewarding and joyous experience.



THE COLD WEATHER IS HERE

Please drop off new or gently used clothing at

Agape Table

364 Furby Street

Monday - Friday

8:00 AM - 2:30 PM

Thank You!

Season's Greetings from the Agape Board of Directors



At Agape Table, we believe there is hope in nutrition, dignity in choice and power for change in the community. Thanks to you - our generous

donors, staff, and volunteers, you have made it possible for us to deliver on that promise, including serving more than 109,000 meals last year to people in need regardless of their circumstances.

With the ongoing pandemic, the increased number of people needing the services of Agape Table is stretching our resources. It has forced us to serve meals outside the Agape Table door rather than inside

in a warm, comfortable, connecting environment. We expect to provide more than 130,000 meals by the end of this year, including Christmas Dinner on December 23.

This Holiday Season, we need your continued support more than ever. Would you please choose to give to Agape Table this Holiday Season by donating online at: agapetable.ca or on the form in the attached newsletter?

Again, thank you for all you do for us - we couldn't do our important work without you.

Cathe Umlah

Chair
Board of Directors
Agape Table

News from the Volunteer Coordinator

When you volunteer at Agape Table, you are not just helping our community, you are becoming a part of our community.

The Holiday Season is upon us and we are welcoming fully vaccinated group volunteers back to Agape Table. We are excited for the opportunity to open our doors to groups of up to five volunteers at a time. Join the Agape Table team and see how much we can accomplish when we work together in an inclusive and welcoming environment.

Too busy during the Holiday Season? No worries! Most non-profits like

Agape Table need the generous support of volunteers year-round. Use the Holiday Season as a reminder to book all your monthly or quarterly volunteer experiences for 2022.

Agape Table is where compassion meets community. We invite you to come and see the future of work.

Are you interested in volunteering? Contact us today!

Call (204)786-2370 or email volunteer@agapetable.ca

Tyler Engel

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Volunteer Coordinator
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Vishali Wadhwa
Bookkeeper
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Reg. Charitable Number

10668 7833 RR0001

Message from the General Manager



The Holiday Season is upon us. A time for exchanging presents, sharing a delicious turkey dinner, and being with family and friends. But Christmas is also the season of goodwill, and can be a tough time for many people including our marginalized community, the recently

bereaved, lonely, or those struggling to make ends meet.

By the end of 2021 Agape Table will have served over 125,000 bag lunches to our guests. The sad news is that we will have to serve 125,000 bag lunches, the good news is that Agape Table has been able to keep up with the demand.

This may seem like a daunting task, but with YOUR help this becomes a lot more manageable. So why not spend some time helping those in need this Christmas? Studies show that acts of kindness can be a huge benefit to your own

happiness, health, and sense of well-being as well as those of the people you help.

This is the season of giving and everything helps, Food, Time, and Money. While there are many friends of Agape Table who support us throughout the year, the bulk of our donations (which is our sole source of funding) arrives at this time of the year. Thank you for your continued support.

From our family to yours, we wish you a safe and happy HOLIDAY SEASON.

Dave Fenick

Agape Table would like to thank The Platinum Chapter of BNI who over the years have helped us in so many ways, from sponsoring our golf tournament to starting a water drive that produced 51840 bottles of water for our guests.

Your generosity changes lives!

Please donate to Agape Table



First name _____ Last name _____

Address _____

City _____ Province _____ Postal Code _____

Phone _____ Email _____

Here is my gift of: \$500 \$100 \$50 \$25 Other _____

If you would like to become a Monthly Donor please call **204-783-6369**

I prefer Visa Master Card # _____ Expiry date _____

Visit www.agapetable.ca or send in this form with your cheque or credit card information

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