



**Nourishing  
Community**  
[www.agapetable.ca](http://www.agapetable.ca)



**Please support Agape Table  
during this Easter Season**

Donate online at [www.agapetable.ca](http://www.agapetable.ca) or use the form inside this newsletter. **Thank you!**

## Message from the Executive Director



*Jim Steep  
Executive Director*

March 18th marked one year since we had to close our doors to our guests due to Covid-19. While it is unfortunate that the social interaction aspect of Agape Table has been missing, we continue to feed the community with healthy, nourishing meals. In 2020 we faced many issues related to the pandemic, but our staff and volunteers have adapted well to change and have remained diligent about practicing safe measures throughout.

Despite unexpected costs of close to \$40K in Covid related expenses, our donors have ensured that our guests never missed a meal, and we were able to give away over 2.4 million

pounds of food to those in need. It never ceases to amaze me how generous our donors are and what big hearts the people of Manitoba have. Agape Table is now in it's 41st year of nourishing the community. Because of socially conscience people like yourselves, we can proudly state that Agape Table is **100% DONOR FUNDED.**

Thank you all for your continued support. On behalf of everyone at Agape Table, please stay safe and healthy.

Sincerely,

*Jim Steep*

Executive Director Agape Table

# Easter During a Pandemic at Agape Table

Dr. Brent Roussin keeps reminding us of the “fundamentals” during this pandemic, handwashing, mask wearing, social distancing, you know the drill...

When I think about Easter at Agape this year, I think of a different set of fundamentals, faith, hope and charity.

Have **faith** in yourselves, in each other, maybe even in a higher power.

We can be **hopeful** at this point in the pandemic that we will be able to move on in our lives, hug each other, see our grand children, go on a trip, have a meal with people you love. At Agape we have hope that soon our guests will be able to sit together and enjoy some fellowship along with their meal.

**Charity** is our mantra at Agape Table. We are amazed and grateful for the charity that people in the community have shown to Agape and to our guests. We worried, when the pandemic started a year ago, that people would not have enough to share with those in need. We worried that we would not have enough donations to keep feeding people. The opposite proved to be true. Donors and organizations within the community and throughout the province have given more because they recognize that the need is even greater during these difficult times.

**You are our heroes!  
Happy Easter everyone!**

*Cathe Umlah*  
Board Chair

## Board of Directors

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## Agape Team

Jim Steep  
*Executive Director*  
jsteep@agapetable.ca

Dave Feniuk  
*General Manager*  
davef@agapetable.ca

Tyler Engel  
*Volunteer Coordinator*  
tyler@agapetable.ca

Vishali Wadhwa  
*Bookkeeper*  
vishali@agapetable.ca

**Reg. Charitable  
Number**

10668 7833 RR0001

## Two Ten Recovery and our involvement with Agape Table



At Two Ten Recovery Inc one of the requirements upon arrival is to volunteer our time to give back to the community. This helps build self-esteem and provides the structure that we have been lacking, as well it helps our residents prepare for the transition back to work and also gives them a sense of accomplishment. Agape Table has been extremely generous in helping us with this important part of the recovery process by offering a safe place to do so. They assess the strength of the person and find tasks that best suit the

individual. Because of Agape table our residents are transitioning smoothly back into the community, once again they have a purpose and reason to get up in the morning because they are a part of something important.

We at Two Ten Recovery are grateful for our relationship with Agape table and what they provide to us and to the community as a whole.

# News from the Volunteer Coordinator

We have been blessed throughout COVID to have so many volunteers help us serve up to 600 meals per day. Our volunteers have been through thick and thin with us during the pandemic and we are extremely grateful for their support. Our volunteers are from every walk of life (many from the very community we serve) and work side by side to ensure our fellow Winnipeggers do not go without food and are treated with dignity and respect.

We are always looking for volunteer groups that are interested in coming down to help us out. We are accepting groups of five and wish to invite any organization, school, or religious

group to come on down to volunteer and come see with your own eyes what we do.

**Are you Interested in volunteering?  
Contact us Today!**

**Call (204)786-2370 or  
email [volunteer@agapetable.ca](mailto:volunteer@agapetable.ca)**

*Tyler Engel*

**We wish everyone a COVID free  
Easter, Passover, and Ramadan.  
Take care and stay safe.**

*I have found it an ideal organization to make one feel useful and enriched by working with a great group of people I would not have otherwise met and contributing to the simple but essential matter of feeding people in difficult circumstances. It also makes me more socially aware and wanting to do more to help those in need.*

-Worth Hayden, Volunteer

## Agape Table Golf Tournament



Are you more than ready to plan for some summer fun? We are too, so we have confirmed **August 19, 2021** as the date of our **Third Annual Golf Tournament**.

As regular readers know Agape Table is 100% Donor Funded. We rely entirely on the generosity of the community: individuals and businesses. Our Golf Tournament is our biggest fundraiser of the year. Through the generosity of our golfers and sponsors we were able to raise \$22,635 last year. Our goal this year is to increase our golf revenue by \$10,000. We need your help!

Golf day begins with a wonderful, barbecued lunch, and we then head out to compete in various games within the game (longest drive, closest to the hole, etc). When your team has completed 18 holes, we head over to a beautiful, treed garden where food stations offer a variety of treats. Join us for an after-game drink courtesy of our wine sponsor.

Our silent Auction is a much-anticipated feature of the day. Last year our prizes were extensive and diverse. A few examples? A Fendi handbag, a year's supply of beer, a six-piece patio furniture set and a very tricked-out barbeque.

When you register for our tournament, you are obviously supporting a very worthwhile cause. You also get use of a golf cart, swag bag, lunch, dinner with wine, great prizes, AND a tax receipt!

Not a golfer? Consider becoming a hole or cart sponsor. You can even sponsor someone from the Agape Table community who would love such a day out but would be unable to afford to join in the fun.

**See you August 19!**

*Bunty Anderson*

Golf Tournament Committee

# Message from the General Manager



For many people Easter is a religious holiday; for many others it is a symbol of spring and the renewal of better weather and what is to become of the new year.

Easter is also a symbol for our guests, it means they made it through another harsh winter. Many struggle with day to day living not knowing where they may get shelter or a nutritional meal. Agape Table has become a staple in many of our guest's daily routine, this is where our guests come looking for a renewal of their self-worth and sense of belonging.

By offering a nutritional meal, toiletries, and positive adult interaction means the world to

our guests. On March 18th it will have been one year that we have been dealing with this pandemic at Agape Table. Throughout this time we have learned how to tweak and persevere through many changes due to the restrictions placed by public health and the provincial government.

But in true Agape fashion, we haven't missed a day of making sure that our guests receive a nutritional meal, and a warm greeting., that is largely due to YOU, our donors. With your continued support we can turn every dollar into \$15 dollars of food for our guests.

*Dave Fenick*

HAPPY  
Easter!



**Your generosity  
changes lives!**

Please donate  
to Agape Table



First name \_\_\_\_\_ Last name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Here is my gift of:  \$25  \$50  \$100  \$500 Other \_\_\_\_\_

My Cheque made payable to Agape Table is enclosed

I prefer  Visa  Master Card # \_\_\_\_\_ Expiry date \_\_\_\_\_

Visit [www.agapetable.ca](http://www.agapetable.ca) or send in this form with your cheque or credit card information

**Mailing Address:** PO Box 26111, Winnipeg, MB R3G 3R3 **Physical Address:** 364 Furby Street  
**Phone:** 204-783-6369 **Email:** [treasurer@agapetable.ca](mailto:treasurer@agapetable.ca)