

# Nourishing Community

www.agapetable.com



## AGAPE TABLE



### Message from the board

**Thanksgiving Wishes from the Board of Directors at Agape Table** from L to R: Scott Webber, Courtney Weinstein, Andrew Feeney, Cathe Umlah, Guy Chartier, Emily Sanders / Missing from photo: Brian DeGagne, David Patton

As we think about everything we have to be thankful for this season, Agape Table is at the front of our minds. We are so thankful that Agape Table can provide people in our community with a place to celebrate and give thanks, a place to share a meal with others, a chance to feel respected and appreciated.

We are thankful as well for the amazing work of our staff, Jim, Dave, Ashley, Tyler, John, Karen, Al, Donna and Vishali. They are special people and always find the time to talk to the guests and make them feel welcomed. Last but not least, our countless dedicated volunteers really keep this place running. They work tirelessly every day to do whatever needs to be done. Thank you, each and every one of you!

As we reflect on the last year, we are appreciative that we have a home at The Wave Church. It has been a lot of work for everyone, moving into this place. It is now home to our staff, our volunteers and up to 350 guests each weekday who enjoy a delicious and nutritious meal every weekday morning.

The Board is pleased to welcome a number of new board members over the last nine months, each of whom brings many talents to the board as well as a passion for serving the community. Welcome Brian, Emily, Courtney, Scott and Andrew. We appreciate your service and look forward to working with you on behalf of Agape Table! Finally, we could not do any of this without the generous and unfailing support of our donors. There are so many heartwarming stories we experience every day where people give of themselves to support Agape Table. From the food vendors, the businesses, the neighbors, churches, community groups, seniors, families and children, we are amazed at the spirit of generosity in our community!

Thank you!

*Cathe Umlah*

Board Chair

# Melodee

Melodee is a sweet natured lady who loves to talk and is bubbly. She loves to help people as she has been a long time caregiver, in child care and then respite care. Melodee has a tight bond with her family and she keeps her faith with bible study.

Melodee has been a volunteer after discovering Agape Table nine years ago when she started coming to use the food bank. She receives the Rewarding Volunteer Benefit from social assistance which was a good motivator to continue volunteering throughout the years.

Melodee is open about her addiction to alcohol and her recovery. She talks about the need for structure in her life and how it helps her overcome her afflictions. She suffered from depression and anxiety and felt useless, until she came to Agape. Socializing and being responsible at Agape Table has improved her self worth. By talking to her in passing you wouldn't have known her struggles, because she always seems happy.



**“Skyler’s dream is to make other people’s dreams come true in the music industry with a studio for young indigenous artists.”**

# Skyler

Skyler is 24 years old and a volunteer at Agape Table. He is Ojibway Cree.

His younger years had been traumatic, as his mother passed away when he was nine years old. He was adopted at thirteen years old. It was then he started to use drugs and alcohol. He has been to several foster homes and after bouncing through the system he ended up homeless. He decided to go to detox and now lives at a men’s recovery house. Part of the program at the house is to create a more structured life by volunteering with non-profit

organizations, and this is how he became a part of the Agape Table community.

On his path to recovery Skyler has reconnected with his two young daughters and he is optimistic about his future. Agape table has given him work ethics and structure and he plans to use his experience on his resume. Skyler’s dream is to make other people’s dreams come true in the music industry with a studio for young indigenous artists.



## Warehouse

# fire

It is with much sadness that we announce that our donation warehouse on Jarvis street burned down earlier this year. Our community, along with the artists and musicians who we shared the space with, suffered a great loss. All of our new winter clothing (jackets, toques, mitts, socks, boots, etc ) and all of our donated prizes for our golf tournament on August 22nd was lost in the fire.

# Golf Tournament

Our First Annual  
Golf Tournament was a success!

We raised over \$15,000 to help us provide \$225,000 worth of food to our guests. Thank you to all of the golfers who came and took part in a fantastic day in the sun with us.



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# Volunteer Application Form



First name \_\_\_\_\_ Last name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Work Phone \_\_\_\_\_ Email \_\_\_\_\_

## Message from the Executive Director

During the fall season, we all contemplate the things in our lives that we are thankful for. Personally, I am always thankful for the love and support of my family and friends. As well, I'm thankful for our tireless volunteers, our amazing and dedicated staff, and our diligent Board of Directors. I'm also thankful to the Wave Church for opening their doors and hearts

to enable us to continue to provide nourishment and a safe environment for our guests. Most of all, at this time of year, I'm thankful for you, our donors; generous donors of food, time, and funds. Without you, there is no Agape Table; for every dollar received, we put \$15 of food on Agape tables! We receive no funding from any level of government or United

Way; we are totally dependent on the generosity of our private donors. We are proud to say that because of donors like yourself, Agape Table is in our 40th year of service to the community. Thank you from all of us at Agape Table, have a wonderful Thanksgiving!

*Jim Steep*

## Message from the General Manager

As it becomes colder outside, it seems to get warmer inside. I find this especially true at Agape Table. A hot bowl of soup, a warm meal, a cup of coffee and maybe, just maybe a clean pair of socks will remove an icy chill. We can feel it in the air and see it in the smiles of the 300+ people who visit us each weekday.

Agape Table is located in the heart of the city. Thanks to our many supporters, offering nourishment and warmth to folks and families who may feel hungry, isolated and cold. Agape Table is a community compromised of the guests

who visit, the volunteers who serve, the staff who support and the thousands who give.

I invite all who read this to drop by on a weekday morning, have a cup of coffee with our guests and experience the warmth of our table. We will remove the chill from a frosty day. To all who serve, to all who give, and to all who may need – thank you for making this possible.

*Dave Feniuk*

**Your generosity  
change lives!**

Please donate to  
Agape Table



First name \_\_\_\_\_ Last name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Here is my gift of:  \$25  \$50  \$100  \$500 Other

My Cheque made payable to Agape Table is enclosed

I prefer to use:  Visa  Master Card # \_\_\_\_\_ Expiry date \_\_\_\_\_

Visit [www.agapetable.ca](http://www.agapetable.ca) or send in this form with your cheque or credit card information

Mailing Address: Agape Table, PO Box 26111, Winnipeg MB, R3G 3R3